

**Enjoy a cup of
Daily Detox Tea on me!**

Arbonne International
Figure 8
Caffeine-Free Daily Detox Tea

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Daily Detox Tea

Arbonne International combines the best of science and nature in the formulation of their caffeine-free Figure 8 Daily Detox Tea, which contains herbs that support the normal function of the liver, kidneys, and blood while supporting toxin elimination*. These processes are vital for optimal health.

Arbonne's products contain no colors, starch, yeast, preservatives, salt or animal products/by-products. Arbonne is a Vegan company.

Brewing Instructions: Pour 8 oz. freshly boiled water over one tea bag, steep for 3 to 5 minutes dunking the tea bag in and out a few times; discard the tea bag.

Arbonne's Daily Detox Tea Blend:

Milk Thistle (*Carduus marianus*) (fruit)
Couch Grass (*Agropyron repens*) (root)
Sarsaparilla (*Smilax ornata*) (root)
Peppermint (*Mentha piperita*) (leaves)
Dandelion (*Taraxacum officinale*) (root)
Lemon Grass (*Cymbopogon citratus*)
Uva Ursi (*Arctostaphylos uva-ursi*) (leaves)
Burdock (*Arctium lappa*) (root)
Fennel (*Foeniculum vulgare*) (fruit)

* This product is not intended to diagnose, treat, cure, or prevent any disease.

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Directions for printing – As every printer is different, you will have to play with this a little bit. I recommend printing first on plain copy paper and when you have figured the correct placement of the pages, print on a lightweight cardstock. I used white cardstock. You can use colors, too, as long as it is a light weight cardstock.

1. Print page 1 first (cover).
2. Turn paper over, flip around, and print page 2. Printing on page 2 (Daily Detox Tea side) should be upside down from page 1 (cover).
3. Once printed, cut between the lines on the cover. You may have to trim the left and right side of the sheet a little to even out. You will end up with 3 Detox Tea Matchbook Covers.
4. Placing page 2 (Daily Detox Tea) side in front of you, fold the bottom up 2 1/4". You should see the “Enjoy a cup of Daily Detox Tea on me!” facing up.
5. Using a slit punch, punch a slit about 3/4" from the bottom to right below the “Enjoy a cup of Daily Detox Tea on me!” (Note: You can buy a slit punch at your local craft store.)
6. Slit will be now in 2 places. You can slip your business card into the inside slit. Hang a Detox Tea Bag over the “Enjoy a cup of Daily Detox Tea on me!”. Lastly, fold down top over tea bag and slip into front slit.
7. You have just made a tea bag holder that looks like a matchbook.